# stryker

# Hospital-acquired pneumonia (HAP)

In a multistate prevalence study, HAP was found to be one of the most prevalent healthcare-acquired infections (HAIs), accounting for 25% of HAIs. Of those HAIs, 65% were non-ventilator HAP (NV-HAP).<sup>1</sup>

Hospital-acquired infection in the US<sup>1</sup>

65% NV-HAP

# **Patients with NV-HAP:**

5x more likely to require

a ventilator<sup>6</sup>

35%

22%

average mortality rate<sup>7</sup>

The cost of NV-HAP: 19.3%

of patients are **readmitted for pneumonia** within 30 days<sup>8</sup>

\$18,586 average additional cost of NV-HAP<sup>9</sup>

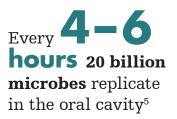
originate as pneumonia<sup>2</sup> 80%1 hospital admissions may be at a higher

50%T

of sepsis cases

may be at a high risk for HAP<sup>3</sup>

Within **48** hours of admission, the normal oral flora changes to include respiratory pathogens not normally found in healthy individuals<sup>4</sup>



### **Professional guidelines**

# ADA evidence-based protocol<sup>10</sup>

Brush two - four times a day

- Use a **soft bristled** toothbrush
- Use an **antiseptic oral rinse**
- Use toothpaste containing **sodium bicarbonate or fluoride**
- Use a **nonpetroleum-based moisturizer**

#### **Dependent patients**

- Use **24-hour suction toothbrush kits** for high aspiration-risk patients
- Use a **soft bristled** toothbrush

#### Edentulate patients (2 times a day)

- For patients with dentures, remove and soak dentures
- Brush gums and mouth
- Prevent patients from sleeping with dentures in place

#### AACN guideline recommendations<sup>11</sup>

Brush at least two times a day

- $\bullet$  Use a  ${\bf soft\ bristled}$  to othbrush
- Use an alcohol-free **antiseptic oral rinse**
- Use **non petroleum-based** moisturizer
- Use therapeutic toothpaste with fluoride

#### **Dependent patients**

- Brush with a **suction toothbrush**
- Consider performing oral care more frequently for patients at a higher aspiration risk

#### **Edentulate patients**

• If no teeth or dentures, **gently brush gums, tongue** at least two times a day

#### Continuum of care: HAP reduction initiative

One hospital's findings in 1 year:8

70% reduction in NV-HAP



\$5.8M return on investment (ROI)

## All hospital patients are at risk<sup>8</sup>

Help address the risk factors associated with pneumonia throughout the **continuum of care**:



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