

## Suggestions for skills assessment with the **LIFEPAK® 35** Monitor/Defibrillator

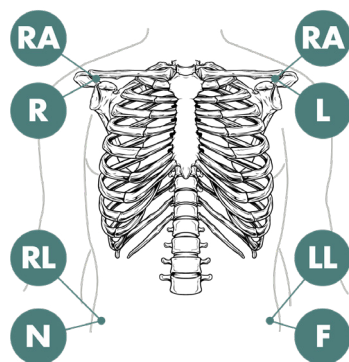
# ECG monitoring with electrodes and therapy pads

Name: \_\_\_\_\_ Unit: \_\_\_\_\_

Reviewer: \_\_\_\_\_ Date: \_\_\_\_\_

This skills checklist assesses a trained user's ability to perform ECG monitoring with the LIFEPAK 35 monitor/defibrillator. This limited checklist does not cover all information and skills required to operate the device safely and effectively. This checklist is designed to be completed after receiving or viewing in-service training by a qualified instructor. Refer to the LIFEPAK 35 monitor/defibrillator Operating Instructions for complete directions for use, indications, contraindications, warnings, cautions, and potential adverse events. CAPITAL LETTERS indicate labels, screen messages, and voice prompts. "Push" is used when referring to keypad buttons, and "Press" is used when referring to softkeys on the touchscreen indicated by italics

Assessment criteria	Complete	Incomplete	Comments
1. Pushes the <b>POWER</b> button.			
2. Attaches the ECG cable to the green connector on the monitor.			Note: for ECG monitoring, it is also acceptable to place the electrodes on the limbs as described in Limb Lead Electrode Sites.
3. Identifies the appropriate electrode sites on the patient as shown in the following figure. Avoid areas with a large amount of adipose tissue, major muscle groups, or bony prominences.			



### AHA Labels

**RA** Right Arm  
**LA** Left Arm  
**RL** Left Leg  
**LL** Left Leg

### IEC Labels

**R** Right  
**L** Left  
**N** Negative  
**F** Foot

4. Describes skin preparation for pads according to local protocol or Operating Instructions.			Note: For additional tips, see Stryker's "Minimizing ECG Artifact Pocket Guide".
5. Applies ECG electrodes.			See Operating Instructions for additional information.
6. Selects the desired ECG lead on the monitor screen. For optimal rhythm recognition and heart rate counting, Channel 1 should have a lead that has a strong QRS amplitude, preferably at least 0.5 mV (5 mm), and does not have excessive ECG artifact.			Note: The default lead for Channel 1 is <b>PADS</b> . If a Lead II connection is made before a PADS connection, the default will be Lead II.
7. Adjusts the ECG size as needed.			
8. Presses the <b>Print</b> icon at the bottom of the screen to obtain an ECG printout. (Optional if printer is connected)			

## Monitoring ECG with therapy pads

Assessment criteria	Complete	Incomplete	Comments
1. Pushes the <b>POWER</b> button.			
2. Describes skin preparation for pads according to local protocol or Operating Instructions.			Note: for ECG monitoring, it is also acceptable to place the electrodes on the limbs as described in Limb Lead Electrode Sites.
3. Applies therapy electrodes in the anterior-lateral or anterior-posterior position according to package diagrams <ul style="list-style-type: none"> <li>Places either the ♥ or + therapy electrode lateral to the patient's left nipple with the center of the electrode in the mid-axillary line.</li> <li>Places the other therapy electrode on the patient's upper right torso, lateral to the sternum and below the clavicle.</li> </ul>			
4. Connects therapy electrodes to therapy cable and confirms cable connection the defibrillator.			
5. Selects Paddles lead <ul style="list-style-type: none"> <li>Presses <b>LEAD</b>, while the Lead menu is displayed, presses <b>LEAD</b> again or rotates <b>SPEED DIAL</b> to select Paddles lead.</li> </ul> Or <ul style="list-style-type: none"> <li>Uses <b>SPEED DIAL</b> to highlight and select channel 1.</li> <li>Rotates <b>SPEED DIAL</b> to Paddles lead.</li> </ul>			
6. Observes the monitor screen.			
7. Selects or changes ECG size as needed <ul style="list-style-type: none"> <li>If any ECG lead is displayed, presses <b>SIZE</b> once or rotates <b>SPEED DIAL</b>.</li> </ul> NOTE: Omit this step if device is setup to power on in PADDLES LEAD.			
8. Presses the Print icon at the bottom of the screen to obtain an ECG printout. (Optional if printer is connected)			



Scan here for additional resources

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